I am strong and mighty in Christ.

I have Christ dwelling in me.

I am a weapon of righteousness in a dark world.

I am not my past.

I am not what I did.

I am not what they think I am.

I am who God says I am.

I am forgiven.

I am free.

I am redeemed.

I am not a hostage to my unhealthy thoughts.

The weapons I fight with are not the weapons of this world.

They have the power to demolish strongholds.

I have the mind of Christ directing my thoughts.

I have the Word of God guiding my steps.

Worry is not my master; I trust in God.

God's peace guards my heart and mind.

I have not been given a spirit of fear, but a sound mind.

The LORD is my helper, I will not be afraid.

I am not a slave to my habits.

I am not a prisoner to my addictions.

I have been rescued from the power of darkness and been brought into the Kingdom of God's light.

I am empowered.

I am called.

I am chosen.

I am a masterpiece of God, created in Christ Jesus to do good works.

God is for me.

God is with me.

No weapon formed against me will prosper.

Nothing can separate me from the love of God.

Step into the truth...

I am who God says I am.

